

Breakfast**Weekdays 7 to 10.00am****Weekends 8 to 11.00am**

If you are having a continental breakfast, please help yourself to our cold buffet selection, hot drinks and toast will be made to order.

Bed and breakfast guests may choose either our Continental or Liverpool Breakfast. Please ask us if you would like to choose from our a la carte menu.

The Continental 12.50
Spanish Iberico ham and home cured meats, with regional cheeses, cereal, fresh fruit, multigrain toast, pastries and preserves, served with tea or coffee and fresh juice.

A Liverpool breakfast 15.50
Two eggs cooked as you like, served with traditional dry cured bacon, 2007 champion sausage from Cumbria, black pudding, vine tomatoes, chestnut mushrooms, sautéed potatoes and multigrain toast, served with tea or coffee.

A la carte

Cereals	3.80
Fresh fruit plate	4.50
Croissant	2.00
Danish pastry (freshly baked)	1.80
Organic granola with natural yoghurt, figs and blueberries	5.25
Natural yoghurt with honey almonds and banana	5.00
Whole pink grapefruit with berries	3.50
Natural yoghurt on its own	2.75
Natural smoked salmon, scrambled eggs on a buttered muffin	9.00
Natural smoked salmon bagel and cream cheese	7.25
Natural smoked haddock, poached eggs with a butter sauce	9.50
Manx kippers with parsley butter	9.50
Eggs Florentine	6.50
Fresh herb omelette with two eggs, parsley, tarragon, chervil and chives	4.80
Bacon sandwich on lightly toasted buttery multigrain bread	4.00
Beans, cheese or mushrooms on buttered chunky toast	4.25
2 eggs cooked any style with buttered multigrain or muffin	4.25
Porridge	3.80
Toast rack with butter, preserves and marmalade	2.50
Chunky buttered toast	1.90

*All our eggs are from chickens who are able to scratch and scramble to their hearts content
"Naturally smoked" involves salt and oak chip fires and that's all*

Espresso		2.25
Cafetière coffee freshly brewed	pot for 1	2.80
	pot for 2	5.00
	pot for 4	10.00
Americano a shot or two of espresso topped up with hot water		2.80
Cappuccino one third espresso, one third milk and one third foam		2.80
Latte a shot of espresso topped up with steamed a milk and foam		2.95
Mocha a blend of rich hot chocolate, espresso, and steamed milk		2.95
<i>We have both caffeinated and de-caffeinated coffee beans</i>		
Hot chocolate rich and creamy chocolate		2.95
Herb teas camomile, selection of berry fruits		2.25
Leaf teas Darjeeling, Earl Grey, Assam, Lapsang Souchong,		
English breakfast		2.25
Infusions mint, lemon and ginger		2.25
Freshly squeezed orange juice		2.50
Milk semi-skimmed, whole milk, organic and soya		1.50